

Benostia



Availability: In Stock
Weight: 0.00oz

Price: \$10.00

Short Description

Your bones provide the necessary support for your whole body. Make sure that your bones remain tough and strong as you age.

Description

Your bones are living tissue; it is the most rigid tissue in the human body and yet it is the most dynamic and ever-changing tissue apart from blood. As you age, the balance between the bone-building process and the bone-breakdown process becomes unbalanced, resulting in conditions like Osteopenia or Osteoporosis.

Most common treatments for bone loss force your body to make your bones more rigid, and therefore make them more brittle: In some cases, your bones could break without any warning or obvious cause.

Benostia has been developed to slow down the process of bone loss, and provide the essential minerals of calcium, magnesium and silicon that are the foundations for healthy bone growth.

Suggested uses

May slow the rate of bone loss related to aging, medications, or degenerative disorders.

How to use

Mix one measuring teaspoon of the powder with one-half cup of organic yogurt that has live probiotic cultures, and stir until uniform. Consume as-is, or add other ingredients (such as cereals) to the mixture to make a complete breakfast, depending on your personal tolerance to those ingredients. Alternatively, Benostia can be added to a

smoothie mixture of your choosing.

Properties

The following properties have been identified for one or more the ingredients of this product;

Anti-inflammatory, Antioxidant, Digestive, Diuretic, Resolvent, Tonic, Urinary

Precautions

Do not use if pregnant or nursing.

Ingredients

Stevia (*Stevia rebaudiana*), Calcium glycinate, Magnesium glycinate, Arnica (*Arnica montana*), Goat weed (*Epimedium koreanum*), Hibiscus flower, (*Hibiscus sabdariffa*), Horsetail (*Equisetum arvense*), Red clover (*Trifolium pratense*), Stinging nettle (*Urtica dioica*)