

G'out Elixir



Availability: In Stock
Weight: 0.00oz

Price: \$15.00

Short Description

Gout is the result of uric acid accumulation in the joints and the formation sharp crystals that cause intense pain. This is often caused by deficiencies in kidney function, magnesium deficiencies, and generalized inflammation.

Description

To address gout, it is best to address both the root causes of excess uric acid in the blood and the cause of inflammatory conditions in the body. This is done in four phases. (1) support effective kidney function, (2) increase magnesium absorption, (3) reduce inflammation, and (4) decrease uric acid production.

Dandelion and hibiscus have been shown to improve kidney function. Magnesium glycinate is the most readily-absorbed form of the mineral magnesium. Milk thistle and turmeric have been shown to significantly reduce inflammation. Lemon increases the alkalinity of the body, thereby reducing uric acid production. White willow acts as a pain reliever. Black pepper is an adjuvant that increases the efficacy of turmeric.

Suggested uses

To relieve the severity and/or frequency of gout attacks.

How to use

HOW TO USE: Take 1 Tablespoon each morning and evening to reduce the incidence and/or severity of gout attacks. Dosage may be decreased to 1 tablespoon per day for maintenance and prevention. Shake well before using. Refrigerate after opening.

Properties

Anodyne, Antibacterial, Antibilious, Antibiotic, Anti-inflammatory, Antioxidant, Antirheumatic, Antiseptic, Demulcent, Depurative, Diuretic, Hepatic, Hypoglycemic, Hypotensive, Tonic, Urinary, Vitamin C

Precautions

Not recommended for use while pregnant or nursing. May lower blood sugar levels in people with type 2 diabetes. Should not be used by people with severe allergies to plants in the aster (Compositae) family.

Ingredients

Water, Sugar, Dandelion (*Taraxacum officinale*), Hibiscus (*Hibiscus sabdariffa*), Milk thistle (*Silybum marianum*), Lemon juice (*Citrus limon*), Magnesium glycinate, Turmeric (*Curcuma longa*), White willow (*Salix alba*) Modified corn starch thickener, Black pepper (*Piper nigrum*)